LIFE OF A BELIEVER - DAILY	1	2	3	4	5	6	7	R	Q	10	11	12	13	1/1	15	16	17	1Q	10	20	21	22	23	24	25	26	27	28	29	30
Used a miswak before each Salah			0				,			10			-0	-7	-0	10	-/	10	-)				-0		-5	20	_,	20		Jo
Prayed Fajr on time [and prayed the 2 Sunnah]																														
Completed my morning Dhikr																														
Prayed at least one Salah in the Masjid [men]																														
Made the Dhikr after every Salah																														
Prayed 12 Rakah of Sunnah throughout day																														
Prayed Dhuha Salah [at least 2 or 4 Rakahs]																														
Enjoined at least one good and forbade one evil																														
Read the Tafsir of at least one ayat																														
Read one new hadeeth																														
Listened to a lecture series on MP3 player																														
Minimum – Read one page of Qur'an		-																												
Made one Muslim smile																														
Hugged and kissed my Parents																														
Did not argue or backbite anyone																														
Gave money for Charity – even if little amount -																														
Made Dua for the Prophet [saw]																														
Made Istighfar and Tawbah [100 times]																														
Pondered 10 minutes about struggling for the Deen																		74-21-15												
Learnt one new fact about the Human Body																														
Reflected on Allah [swt's] creation						100000000000000000000000000000000000000																								
Thought about my own Death and the Day of Judgement																														
Send food or gift to my neighbour																														
Made my afternoon Dhikr		-																												
Prayed Taraweeh																														
Recited last 2 ayats of Surah al-Baqarah																														
Recited Surah Mulk before I slept -																														
Went to sleep in Wudu																														
Prayed at least 2 rakah - Tahajjud																														
Made sincere Istighfar during Tahajjud time																														
Made Dua for the Muslim Ummah																														
Made Dua for my Parents																														
Prayed Witr Salah																														
FRIDAYS																														
Used a miswak before each Salah																														
Recited Surah al-Kahf																														
Bathed, applied my best perfume [men] and oiled my hair																														
Sent much Salutations on the Prophet [saw]																														
Prayed 4 Rakah Sunnah after Jummah Fard Salah																														
Sought to make Dua in the last hour of Friday [before																														
Maghrib]																														
WEEKLY																														
Attended at least one study circle																														
Memorized at least 3 new ayat of the Qur'an [try daily]																														
Memorized one new dua																														